

Monday	Tuesday	Wednesday	Thursday	Friday
				
3 <b>CENTER CLOSED</b> 	4 8:30 Lapidary 9:00 Kaysville City Art Class 9:30 Tai Chi 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH 12:30 Square Dancing	5 9:30 Enhance Fitness 9:30 Watercolor 10:15 Bingo 10:30 Tai Chi (New 8 Week Course) 10:30 TRIP: Caputo's Market & Deli/SLC 10:30 Blood Pressure Clinic 11:30 LUNCH 12:30 Pinochle 1:00 Book Club 1:00 Ceramics 	6 8:30 Wire Wrapping 9:00 Arts & Crafts 9:30 Tai Chi 10:00 Crazy Quilters 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH 12:00 Shopping Day	7 8:30 Lapidary 9:30 Enhance Fitness 10:15 Bingo 10:30 Tai Chi (New) 11:30 LUNCH 12:30 MOVIE DAY (With Popcorn) 1:00 Ceramics 
10 9:00 Oil Painting 9:30 Enhance Fitness 10:00 DUP 10:15 Bingo 11:30 LUNCH 12:00 DUP 	11  8:30 Lapidary 9:00 Kaysville City Art Class 9:30 Tai Chi 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH-Medicare Talks 12:30 Square Dancing	12 9:00-12:00 Foot Clinic 9:30 Enhance Fitness 9:30 Watercolor 10:15 Bingo 10:30 Tai Chi (New) 11:30 LUNCH 12:30 Pinochle 1:00 Ceramics 	13 8:30 Wire Wrapping 9:00 Arts & Crafts-Marvelous Makers 9:30 Tai Chi 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH 12:00 Food Pantry 	14  8:30 Lapidary 9:30 Enhance Fitness 10:15 Bingo 10:30 Tai Chi (New) 11:30 LUNCH-Crosswords With Jeff 12:30 MOVIE DAY (With Popcorn) 1:00 Ceramics
17 9:00 Oil Painting 9:30 Enhance Fitness 10:15 Bingo 11:30 LUNCH 	18 8:30 Lapidary 9:00 Kaysville City Art Class 9:30 Tai Chi 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH-Good Foods For Your Gut Jeff/Humana 12:30 Square Dancing	19 9:30 Enhance Fitness 9:30 Watercolor 10:15 Bingo 10:30 Tai Chi (New) 10:30 Blood Pressure Clinic 11:30 LUNCH 12:30 Pinochle 1:00 Ceramics 	20 8:30 Wire Wrapping 9:00 Arts & Crafts 9:00-11:00 Flu/Pneumonia Clinic 9:30 Tai Chi 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH 12:00 Shopping Day	21  8:30 Lapidary 9:30 Enhance Fitness 10:00-2:30pm AARP Smart Drivers 10:15 Bingo 10:30 Tai Chi (New) 11:00 TRIP: The Oaks Restaurant 11:30 LUNCH - ELVIS CELEBRATION 1:00 Ceramics <b>NO MOVIE TODAY</b>
24 Stepping On 9:00 Oil Painting 9:30 Enhance Fitness 10:15 Bingo 11:15 Alpine Scooter Rodeo 11:30 LUNCH 12:30-2:30 NEW Stepping On Class (7 Week Course)	25  8:30 Lapidary 9:00 Kaysville City Art Class 9:30 Tai Chi 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH 12:30 Square Dancing	26 9:30 Enhance Fitness 9:30 Watercolor 10:15 Bingo 10:30 Tai Chi (New) 11:30 LUNCH 12:30 Pinochle 1:00 Ceramics 	27  8:30 Lapidary 9:00 Arts & Crafts 9:30 Tai Chi 10:30 Reiki, Tai Chi Chair 11:00 Boredom Buster Game 11:30 LUNCH 12:00 FOOD PANTRY	28  8:30 Lapidary 9:30 Enhance Fitness 10:15 Bingo 10:30 Tai Chi (New) 11:30 BIRTHDAY LUNCHEON With Ruby "Tuesday" Cordova 12:30 MOVIE DAY (With Popcorn) 1:00 Ceramics



**OPEN 8am to 5pm MON-FRI**  
Pool Tables  
Cards  
Computers  
Treadmill  
Library with Books, Videos and  
Puzzles  
Computer Tech  
(By Appointment Only)



**BIRTHDAY**  
**FRIDAY**  
**THE 28TH**  
FEATURING  
Ruby "Tuesday"  
Cordova